



Justin Graybill/SUNDAY NEWS

Thousands of runners and walkers head across Chestnut Street after the start at Musser Park.

Making a stand, at a quick pace

Ethiopian captures Race Against Racism.

BY GREG CALDWELL
Sunday News Correspondent

Perfect running conditions and a record number of participants in a race designed to help eliminate one of society's biggest problems converged on Lancaster Saturday morning.

The 12th annual 5k Race Against Racism saw more than 3,200 runners, walkers and children hit the streets in the fundraiser for the Lancaster YWCA's racism initiative.

The crowd went out in a light breeze and cool temperatures at a fast pace, with Ethiopia's Kumsa Adugna (14:33) and Bado Worku (14:35) taking the top two places overall. Brian Fuller, of Camp Hill, was third in 15:02.

"This was a nice course," said Adugna, who won \$500. "I hoped to win and am very happy with my time."

There were 3,358 runners and walkers in the event, including 1,308 finishers in the 5k race.

RUNNING

Race Against Racism

5k

Lancaster

Top 25 Males

1. Kumsa Adugna, 14:33; 2. Bado Worku, 14:35; 3. Brian Fuller, 15:02; 4. Mark Stallings, 15:14; 5. Matt Wagoner, 15:34; 6. Nicholas Mouselis, 15:50; 7. Sean Troff, 16:08; 8. Justin Krebs, 16:24; 9. Corey Martin, 16:40;
10. Andrew Yoder, 16:46; 11. Greg Caulier, 17:04; 12. Anthony Reynolds, 17:09; 13. Evan Sandt, 17:12; 14. James Stoltzfus, 17:16; 15. John Stoudt, 17:24; 16. Ian Auman, 17:36; 17. Connor Zimmerman, 18:02; 18. Jared Schnapf, 18:04; 19. Tyler Rivera, 18:07;
20. Allen Stambaugh, 18:09; 21. Nick Fanning, 18:18; 22. J. Dwight Yoder, 18:23; 23. Lucas Neiderer, 18:26; 24. Shane Kenney, 18:30; 25. Rick Kerns, 18:33.

Top 25 Females

1. Maureen McCandless, 17:01; 2. Lynn Knothe, 19:40; 3. Jessica Leddy, 19:55; 4. Emily Cameron, 19:58; 5. Melanie Craver, 20:09; 6. Diana Widdowson, 20:34; 7. Kasey Mann, 20:43; 8. Angela Muers, 20:46; 9. Jenny Sassaman, 20:55;
10. Brooke Magni, 21:24; 11. Meredith Chura, 21:32; 12. Claudia Duchinnikoff, 21:33; 13. Lori Kerr, 21:40; 14. Morgan Hilliard, 21:54; 15. Lindsey Stiger, 22:00; 16. Alexandra Duchinnikoff, 22:00; 17. Nikki Rothenberger, 22:20; 18. Karli Rineer, 22:21; 19. Paige Booth, 22:26;
20. Jenn Forney, 22:26; 21. Pamela Yunginger, 22:28; 22. Abby Eby, 22:29; 23. Jeannette Arnold, 22:30; 24. Kate Jeffreys, 22:32; 25. Jo Slocum, 22:35.

For complete list of results, see lan-casteronline.com.

eliminating racism
empowering women
ywca

Race: More than 3,200 take part in event

The top local finisher in the event was Washington Boro's Mark Stallings, a former Millersville star, who was fourth in 15:14.

Ephrata's Nicholas Mouse-tis was sixth (15:50) and Sean Trott was seventh (16:08). Trott is from Bermuda, but is a student at Lancaster Bible College.

"I was hoping to break 16 minutes, but am happy with my overall place. The course was more challenging than I expected," said Trott, who will conclude his semester at school in three weeks and head home to compete in a marathon next month.

The one female among the top male runners was Maureen McCandless, of Hummelstown. The former University of Pittsburgh runner went down the first hill at the same pace as the leaders and kept close all race, finishing the hilly course in 17:01, good for 11th overall and 2½ minutes ahead of the second-place woman.

"This was my first time doing this race, McCandless said. "I had always traveled to Philly and other locations to run. I did not know the course before today, but I thought the hill at the end was a great challenge. I wanted to stay up



Kumsa Adugna won the race in 14:33.

front and am very happy with my time."

The top finisher in the masters division, for participants 40 and older, was veteran runner Greg Cauller, 50, of York. The former Hempfield star finished in 17:04, good for 12th overall.

"I always do well here," Cauller said. "The course is challenging but fast. It took the first mile to shake off the

winter cobwebs."

The mass start on Chestnut Street in front of Musser Park took more than five minutes to get all the runners and walkers on to the course. The main event was preceded by three short fun runs for kids ranging in age from 3 to 12. All the kids who ran the three blocks down, turned the corner and came back up received a ribbon and a gift certificate for a class at Universal's Parisi Speed School.

Wayne Stevens, of Lancaster finished in 61st overall (20:23) in his second appearance in the race.

"This is an awesome and challenging course to prepare for my summer racing season," he said.

Warwick High School freshman Emily Cameron, known for her prowess in the pool, also excelled in the run, finishing first in her age group and fourth overall among 1,966 females with a time of 19:58.

"I have run this event four years in a row, but did not expect to do well. I love the course and there was a nice breeze today," said Cameron, who had swim practice before the race.

The Lancaster City fire and police departments waged a personal battle during the race, with five members of each unit taking to the course. The team combined their five times, and when results were tallied the fire department earned the first annual public safety trophy.

"We had one fast runner who we let go ahead, but the rest of us tried to stay within eyesight of each other," said Dennis Perry of Truck 1. "We ran great in a limited amount of practice time. I hope some of the younger guys join in next year to give us older guys a break."

The other members of the fire department who ran were Capt. Todd Hutchinson, John Eddleman and Kevin and Tim Ulmer.

John Jascoll, YWCA com-



Justin Graybill/SUNDAY NEWS PHOTOS

Maureen McCandless was the women's winner in 17:01.

munications coordinator and race organizer, said he was ecstatic with the number of participants who competed.

"It was a bumper turnout on a beautiful morning," he said. "There was a tremendous feeling of excitement and energy, and so many people want to take this day to express their distaste for racism."

Maureen Powers, executive director of the Lancaster YWCA, said she was so pleased with the day.

"So many teams and children participated this year," she said. "This event is a way for us to raise funds for our racial awareness programs and institutes we run throughout the year."

The YWCA mission is to eliminate racism and empower women.

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empowering women
ywca