

our voice

Summer 2010 Newsletter for YWCA Lancaster

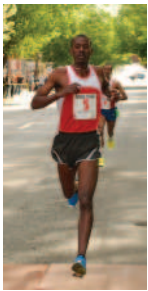


YWCA Lancaster starts new "Empower Ring" donor club

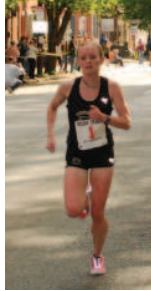
There's an exciting new way of helping YWCA Lancaster fulfill its mission.

For just \$25 you can join our new donor club, the Empower Ring, and get to decide what your gift will be spent on. Find out how you can join inside...

Record turnout for 2010 Race Against Racism



12 Years Running!
YWCA race
against
RACISM
April 24, 2010



3,368 runners and walkers participated in our 12th annual Race Against Racism, raising almost \$50,000 for our racial justice initiatives. See photos inside...

YWCA Lancaster Annual Meeting



Executive Director Maureen Powers (center) was honored for her 25 years service with the YWCA at the 2010 Annual Meeting by outgoing Board President Colleen Milligan (left) and Trustee Chair Gina Russo. List of 2010 YWCA Awards inside...

Empowered YWCA Resident receives award for turning her life around



Former YWCA Resident Julie Dellet (shown with her daughter, Shea, at the YW Holiday Party) received Tabor Community Services 2010 Housing Client of the Year Award. See story inside...

Join us for our Day of Commitment Wednesday November 10

Groups of three people from diverse backgrounds, who've never met before, will commit to getting to know one another over a meal to help bridge the ethnic divisions within our community. You can find out how to be a participant inside...

Save the Date for Woman2Woman at the YW Sunday November 14



The eighth annual Woman2Woman event will be held on Sunday November 14 from 8:30 a.m. to 5 p.m. at the YWCA, 110 N. Lime Street in downtown Lancaster. Full details inside...

YWCA Lancaster starts new “Empower Ring” donor club *Members get to decide how their donations will be used*

There’s an exciting new way of helping YWCA Lancaster make a difference in the lives of the people we serve by joining our new donor club, the Empower Ring.

As an added plus you get to decide how your money will be spent.



The Empower Ring is made up of women and men who contribute \$25 apiece toward a special project each year.

By themselves, these are not substantial donations, but pooled together they can make a significant impact. 100 members, could fund a \$2,500 project.

What kind of projects will the Empower Ring fund? Here are some ideas our staff have on their wish lists for which money isn't available through regular sources, such as grants or our Annual Campaign:

- **Economic empowerment classes for Residents with the incentive of a monetary gift in a savings account for those who attend.**
- **A high-quality audio-visual system for use throughout the organization.**
- **Scholarships to attend our highly-acclaimed annual Racial Justice Institute next year.**

On September 23, the Empower Ring will meet to vote on which project to fund.

So how can one join the club?

In one of three ways: by donating \$25 to the Empower Ring online at www.ywcalancaster.org, in person at the YW, or by mailing a check to YWCA Lancaster, 110 N. Lime St.,

Lancaster, PA 17602.

It’s a great way of making a modest donation go a long way.

Girl Scouts share a love of books with our childcare pre-schoolers



5-year-old Jada Hissner hears all about ‘Three Billy Goats Gruff’ from Junior Girl Scout Bridget Glessner.

One of the joys of childhood is being read to. The girls in Junior Girl Scout Troop 365 from Penn Manor are well aware of this and spent an afternoon reading to the 4 and 5-year-olds in our pre-school childcare center.

CEC Assistant Director and Kinder-Ready Teacher Pat Kalish says, “The girl scouts were wonderful because it gave the children a one-on-one relationship with an older child which they loved.” She says they’re welcome back anytime.

Racial Justice Institute 2010 class picture



30 people attended our 10th Racial Justice Institute in June at the Thaddeus Stevens College of Technology.

National trainers came in for a highly intense 3-

day workshop to examine the subtle ways racism permeates our society and look at what can be done to counteract them through anti-racism skill-building exercises.

YW Childcare Director Cheryl Gahring honored by United Way of Lancaster County and Lancaster County Commissioners

Our Childcare Director Cheryl Gahring was recently honored with two awards for professional leadership and advocacy.

Cheryl was presented with the Early Childhood Leadership Award at the Success by 6 United Way of Lancaster County awards dinner in May.

The award recognizes her exceptional contribution to improving the quality of care and education for Lancaster County children through her professional development and leadership. It also acknowledged her advocacy efforts promoting awareness of the needs of children and their families.

In accepting the award Cheryl said, "Early childhood care is sometimes seen as 'baby sitting', but this is a concrete example of how it's a profession."

Cheryl was also recognized for her childcare advocacy work in a proclamation issued by the Lancaster County Commissioners in April.



YWCA Childcare Director Cheryl Gahring (3rd from left) received the Early Childhood Leadership Award at the United Way of Lancaster County Success by 6 awards dinner in May. She is pictured with her management team, School Age Childcare Director Monica Kirchner, Child Enrichment Center Director Hallie Greco and Child Development Center Director Christelle Thaw-Bolton.

Join us for our Day of Commitment Wednesday November 10



Would you like to meet people with a different ethnic background from your own?

Well you can, by joining us for the YWCA Day of Commitment.

On Wednesday November 10, groups of three people from diverse backgrounds, who've never met before, will commit to getting to know one another over a meal to help bridge

the ethnic divisions within our community. They will meet for breakfast, lunch or dinner at a restaurant of their choice.

If you'd like to take part, register with the YWCA Racial Justice Coordinator by October 13. Call 393-1735 ext. 269 or go to www.ywcalancaster.org. There is no fee, you just pay for your own meal.

Middle and high schools can participate by organizing a "Mix It Up Day"; call the YW Empowerment Center Director at 393-1735 ext. 260.

YWCA Woman2Woman on November 14

The eighth Annual Woman2Woman event will be held on Sunday November 14 from 8:30 a.m. to 5 p.m. at the YWCA, 110 N. Lime Street in downtown Lancaster.

Woman2Woman has the goal of empowering women from all walks of life through a day of learning, self-care, community and fun. This year's theme is "Empowering Us".

Woman2Woman has become an annual "homecoming" for women throughout the area who are interested in holistic health and well-being. Cindi Madonna, chair of Woman2Woman 2010, says, "It's a great way to meet new people and try new things, such as an African Dance workshop or a Reiki session as well as supporting local female restaurateurs, artists and others who also espouse the mission of the YW."

For additional information, including details about how you



Cat Minnerly and Mary Commero enjoy the fragrant products at Sarah Campbell's "Herbs from the Labyrinth" at Radiance", Woman2Woman 2009.

can participate in this unique event for women, go to www.ywcalancaster.org or contact Cindi Madonna at cmmadonna@yahoo.com.

Tickets, which include all workshops and a 10-minute personal service, can be purchased in advance at the YWCA for \$12 each, or as a website-only special, two for \$22. While they last, tickets will be available at the door for \$15. Admission is limited.

Our Voice - YWCA Lancaster - Summer 2010

YWCA 2010 Annual Meeting and Awards

YWCA Lancaster presented its outstanding citizen and volunteer awards during its 2010 Annual Meeting on May 19.

Dorothy Lyet, who could not be present at the meeting, received the YWCA 2010 Citizen of the Year Award in recognition of her profound influence for the betterment of the community and in

appreciation of her loyalty and support of the goals and ideals of the YWCA of Lancaster.

Executive Director Maureen Powers said, "This is well deserved. Dottie has been a wonderful friend and supporter of the YWCA for many, many years. We are lucky to have someone like her in our community."



Community Reinvestment Manager Marilyn Hedge (left) accepts the 2010 YWCA Corporate Citizen of the Year Award on behalf of Susquehanna Bank from YW Finance Director Angie Lightfoot Roth.



Retiring YW Board member Flora Poulos (left) receives the 2010 YWCA President's Award from outgoing YW Board President Colleen Milligan.



Dr. Rita Smith Wade-EI (left), professor and director of African American Studies at Millersville University, receives the 2010 YWCA Racial Justice Award from YW Board member Darlene Colon.

Retiring Board Members

Charito Calvachi-Mateyko **Bonnie Sowers Giurlando**
Sandra Cauler **Laura Korach Howell**
Sonhui Frill **Flora Poulos**

Retiring Trustees

Linda Castagna
Chris deVitty

Caroline Steinman Nunan in memoriam



Caroline Steinman Nunan

It was with great sadness that we learned of the passing of Caroline Steinman Nunan on July 25, 2010. She was a wonderful philanthropist and benefactor

to so many non-profit organizations in the area, including YWCA Lancaster.

The women and children we serve have benefited from her leadership and generosity in countless ways over the years. Not only did she serve on our Board of Trustees, she appreciated and

backed our public stands on issues affecting women and girls.

She was a major contributor to our capital campaigns, providing leadership as Honorary Chair of the one in 2001 to renovate our building on North Lime Street. And she has been a strong and loyal supporter of our sexual assault counseling and child abuse prevention services, as well as our annual campaign.

Carrie Nunan was a delightful, down-to-earth woman who made sure to stay abreast of all that was going on at the YWCA, whether it be at our annual meeting or over an informal lunch. She was a tremendous force for good and will be greatly missed. Our hearts go out to her family in their loss.

2010 awards

Citizen of the Year
Dorothy Lyet

Corporate Citizen of the Year
Susquehanna Bank

President's Award
Flora Poulos

Racial Justice Award
Dr. Rita Smith Wade-EI

Yellow Rose Awards
Laura Korach Howell
Judy Pehrson
Sherry Sensenig

Yellow Bud Awards
Akron Big Sisters
Solanco Big Sisters

Honored YWCA Staff

25 years
Mary Myers
Maureen Powers

15 years
Mary Ross

10 years
Josie Deller
Dot Evans
Angie Lightfoot Roth
Erick Vargas
Debra Francis Werner

5 years
Danielle Brady
Cindi Galie
Jodi Gantz
Dawn Kammerer
Lucy Ngokonyo-Weaver
Fay Plastino
Bethany Railing
Dianne Ryan
Tracy Seiger

Our Voice - YWCA Lancaster - Summer 2010

YWCA and Tabor work together in empowering Julie Dellet

At the Tabor Community Services Annual Banquet in April, former YW resident Julie Dellet was presented with Tabor's 2010 Housing Client of the Year Award citing "Her dedication, drive and determination to establish a stable life for herself and her daughter. On a very limited budget, Julie saved the total amount needed to move into her apartment."

This was a far cry from three years earlier when Julie was evicted from her apartment for non-payment of rent and she and her one-year-old daughter, Shea, were literally put out on the street. Not that Julie had a history of financial instability. Far from it. She'd worked as a cook with the same employer for 18 years and saw to it that Shea went to a good childcare center.

Then a number of things went wrong. Family income

was drastically cut when her partner was put in prison. Julie could no longer afford Shea's childcare and lost her job staying home to take care of her. With no money for the rent, she was evicted from her apartment.

Julie says the YWCA Residence is a wonderful program, putting a roof over her head and providing a safe and stable environment for her daughter.

She says, "The YW enabled me to work harder and want to do better, especially seeing what some of the other people living there had gone through. I said, oh no, that's not going to happen to me, I'm going down a different road."

That's when Julie and Shea came to live in the YW Residence and she systematically put her life back in order. The breakthrough came a couple of months after moving in when she was offered work at Shea's former childcare.

The YW put her in touch with Tabor Community Services and its Shelter to Independent Living program which helps women reestablish their credit and move on to a home of their own.

A Tabor case worker helped Julie follow a strict budget while she continued living at the YW, saving for the future and paying off bills from her pre-eviction days.

The next step was to move into her own apartment. Tabor found a landlord willing to take her on as a tenant, something Julie says would have been impossible to do on her own because of her non-payment of rent history.

Julie says she's come a long way over the past three years and acknowledges she could not have done it without the collaborative support she received from the YWCA and



Bob Thomas, President of Tabor Community Services, presents Julie Dellet with its 2010 Housing Client of the Year Award. Julie and her daughter, Shea, are former residents of the YWCA.

Tabor.

Julie says the future looks pretty good. And her advice for anyone facing the same challenges is that if you stay focused on your goals, you'll win through and achieve them.



Metro Bank donates computer monitors



Pictured from the left: YWCA Board President Colleen Milligan, Executive Director Maureen Powers, Metro Bank Store Manager Patrick Snyder and Metro Bank Not-for-Profit Banking Officer Christine Nagorzanski.

Metro Bank helped us replace some of our aging computer hardware when it gave us 10 of its excess flat screen monitors.

They are a great improvement over our old cathode ray tube devices. Not only are they more compact and easier on the eyes, but they are exceptionally energy efficient.

Executive Director Maureen Powers said, "These monitors are a wonderful tool for us. They've been put to good use in our Sexual Assault Prevention and Counseling Center. We thank Metro Bank for such a considerate and practical donation."

Our thanks to Nye Technology Services for setting up our new Web site



We have a new Web site at www.ywcalancaster.org. It was sorely needed and is completely up to date.

The site was set up by Darren Nye of Nye Technology Services LLC, Kendall Park,

NJ, who generously donated his design, development and training expertise.

Our thanks to Darren for the countless hours he devoted to the project.

YWCA Action Alert Network

We urge you to add your voice to ours to strengthen the YW's impact in the nation's capital and in state and local governments by sending your e-mail address and zip code to our Action Alert Network at: advocacy@ywcalancaster.org. We will alert you when impending state or federal legislation related to our Mission is coming to a vote so you can take action with a phone call or the click of a mouse.

Join the YWCA and support the world's community of women!

Membership in the YWCA joins you with other like-minded adults to support the Mission of the YWCA locally, nationally and internationally. When you join the YWCA, you join an international movement that works to empower women and girls and eliminate sexism and racism.

YWCA membership is required for use of the Physical Fitness Center and/or the Senior Exercise Program class at 110 N. Duke St. Your membership must be current through the duration of the class term for which you are registering. If your membership expires before the class ends, renewal is required before registration can be completed.

Registrations must include class fees.

- 1. Mail-in:** Mail the completed registration form with payment to YWCA Lancaster, 110 N. Lime St., Lancaster, PA 17602.
- 2. Phone-in:** In order to register by phone, a credit card must be used. Calls will be returned in the order they are received.
- 3. Walk-in:** All payments for membership and class fees are accepted at the Front Desk Monday-Thursday (7am-8pm), Friday (7am-6pm) and Sunday (4pm-6pm).



Please make checks payable to YWCA Lancaster. We accept Visa & MasterCard.

The YWCA at Lime Street opening hours

Mon-Thurs 6:15 am - 9:00 pm
Friday 6:15 am - 7:00 pm
Saturday Closed
Sunday 3:00 pm - 7:00 pm

The YWCA building will be closed Labor Day Weekend September 4-6 and Thanksgiving Weekend November 25-28

Please remember us in your will

Legacies are very important to the YWCA. The knowledge of your bequest gives us the opportunity to thank you for your generosity and helps us plan and invest in the future.

For details about making a YWCA bequest, please call John Jascoll, Director of Development, at 393-1735 x 227 or e-mail jjascoll@ywcalancaster.org.

Last name _____ First name _____

Partner/Parent _____

Street Address _____

City _____ State _____ Zip code _____

Phone (H) _____ (W) _____

E-mail _____

Birthdate ____/____/____ Female Male

Member/Ally Fees

Fees for the Senior Exercise Program classes and/or the Physical Fitness Center are in addition to membership fees.

Check your categories:

New Renewal Exp. date _____ Member Ally

YWCA members are women and girls 15 years and older.

Check your membership type:

Adult (18+ and out of high school) **\$35**

(Preschool children are included under a parent's or guardian's membership)

Family (includes 2 adults & children under 18 in the same household.) **\$55**

Please list names and birth dates for Family Membership and pre-school children to be covered under Adult Membership.

Full Name

Birth date

Senior Citizen (60+) **\$25**

Student (5-17) **\$15**

Class Registration

1. Name _____ Fee\$ _____

Class _____ DayTime _____

2. Name _____ Fee\$ _____

Class _____ DayTime _____

3. Name _____ Fee\$ _____

Class _____ DayTime _____

Physical Fitness Center:

First Consultation **\$35**

3-month pass **\$45**

6-month pass **\$85**

12-month pass **\$145**

Total class fees _____

Member/Ally fees _____

TOTAL Payment Due \$ _____

eliminating racism
empowering women

ywca

YWCA Lancaster
110 N. Lime St.
Lancaster, PA 17602

our voice

Summer 2010 Newsletter for YWCA Lancaster



our mission

**ywca lancaster
is dedicated to
eliminating racism,
empowering women
and promoting peace,
justice, freedom and
dignity for all.**

ywca programs:

childcare

**empowerment center
(mentoring & education)**

parenting support

public policy advocacy

racial justice initiatives

residence

**sexual assault
prevention &
counseling center
(SAPCC)**

www.ywcalancaster.org

717-393-1735

A United Way Agency

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Childcare Director Cheryl Gahring
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Child Enrichment Center Director Hallie Greco
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